TEST 1

 Read the text below. Choose from (A-H) the one which best fits each space (1-6). There are two choices you do not need to use.

Obesity is a common problem today, thanks (1) \_\_\_\_\_\_\_\_\_\_\_\_. It occurs when you end up eating more calories than you actually burn. Eating habits, genetic makeup, and the nature of lifestyles all together contribute to obesity. Being obese not only weighs you down, (2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ including stroke, arthritis, diabetes, etc. In today’s fast-paced life, most people lead a poor way of life (3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ including pizzas, burgers, chips, etc, that taste great, but are loaded with high calories. If you are serious about your obesity and are look­ing (4) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, consider green tea dieting. The green tea diet plan is specifically designed (5) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in a healthy way. Green tea is rich in antioxidants that help eliminate free radicals from the body. Plus, it increases the metabolic rate in the body which in turn (6) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. To top it all, green tea also limits the intake of unhealthy and unwanted fats in the human body as it reduces appetite.

A to help people lose weight

В and eat too much unhealthy food

C for ways to reduce your weight

D to our inactive and poor lifestyle

E when you are hungry F helps you to reduce weight

G but also leads you to other health risks

H it helps you much

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 | 6 |

**TEST 2**

 Read the text below. Choose from (A-H) the one which best fits each space (1-6). There are two choices you do not need to use.

Losing weight is much easier (1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Problems in maintaining weight are usually encountered by those (2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, mainly through crash dieting. Since they do not follow a specific healthy diet plan, the weight issue keeps on arising time and again. Putting on weight or (3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ can be very depressing, after all the initial hard work. Therefore, it is important (4) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to maintain a stable body weight.

It is always better to get into (5) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, than to continue dieting. Exercise will keep you active and you will also be able to eat all those food items that you avoided during your diet period, though in moderation. Just ensure that you burn (6) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ through regular workouts.

 A some useful tips

В resuming your previous shape

C to make efforts

D who lose weight quickly

E than maintaining the weight loss

F the habit of regular exercise

G remain in that awesome shape

H those extra calories

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 | 6 |

TEST 3

 Read the text below. Choose from (A-H) the one which best fits each space (1-6). There are two choices you do not need to use.

’The Ocean Club’ is a five star resort (1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ near Nassau, the capital of Bahamas. The exotic location and serene beauty of the resort adds (2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Moreover, it is easily accessible to tourists, connected via regular (3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. The 185-mile distance from Miami to Nassau International Airport just takes (4) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, dropping you right at the island. Paradise Island is located across the harbor from New Providence Island and Nassau, (5) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. The Ocean Club Resort lies on the east end of Paradise Island, (6) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, world leaders, and travelers and residents, who wish to enjoy privacy and luxury in service.

A about an hour

В flights from Miami

C situated on the Paradise Island

D contains around 106 rooms

E to its versatility

F the capital of the Bahamas

G is an enchanting Japanese tea ceremony

H which is frequently visited by celebrities

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 | 6 |

TEST 4

 Read the text below. Choose from (A-H) the one which best fits each space (1-6). There are two choices you do not need to use.

The Cotton House Resort is (1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ located on a renowned private island estate, Mustique in St. Vincent & Grenadines, West Indies. It is surrounded by the Caribbean Sea to the west and the Atlantic Ocean to the east. The Cotton House resort pampers its guests with (2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. The spa presents a wide range of massages and treatments to stimulate and restore (3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. The various treatments given here promote relaxation, healing, balance and peace of mind and body. The enthusiasts are attended by a team of skilled professionals, (4) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to suit a variety of personalized needs and lifestyles. The spa complex also houses a boutique and gym. The boutique exhibits (5) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ while the gym is (6) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

A at a 5 minute drive from the Mustique Airport

В a world class luxury resort

C physical and mental harmony

D who have developed a range of innovative programs

E a well equipped fitness center

F the Cotton House Spa

G an array of Cotton House logo wear

H the most exclusive private islands

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 | 6 |

TEST 5

 Read the text below. Choose from (A-H) the one which best fits each space (1-6). There are two choices you do not need to use.

Nails may be just a small part of your body, but are (1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ by others. This calls for styling them on (2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. While there are various styles prevalent in today’s time, French manicure is (3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of styling the nails. The best part is that it goes with the formal as well (4) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. In French manicure, you polish the tips of the fingernails (5) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Thereafter, the nails are with sheer polish of neutral color. French manicure goes very well with people (6) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ or nails of moderate length.

A with white nail paint

В apply two coats

C very much noticed

D who have short nails

E the most elegant way

F as the casual look

G shape your nails

H a regular basis

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 | 6 |

TEST 6

 Read the text below. Choose from (A-H) the one which best fits each space (1-6). There are two choices you do not need to use.

Tattoo art is not a recent development; it has been practiced (1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ by the Eur­asians. Sailors, warriors, outlaws and others used to ink designs or patterns expressing their profession. This art of the Neolithic times have seen several developments to reach (2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. What used to be the property of pirates, outlaws and biker’s gang has now become (3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for the modern people. From school emblems to personalized symbols and Celtic designs, people have found many ways to express themselves, their beliefs and traditions (4) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Tattooing as an art is gaining immense popularity and has led to the introduction of something known as tattoo studios (5) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to ink your body. However, if for any reason you don’t want to visit a tattoo studio to get a tattoo, you can put a design (6) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ yourself.

A on a part of your body

В a popular body decoration

C where skilled artists use modern tattooing equipments

D since the new Stone Age

E design you can choose

F the present modern era

G with their tattoos H to wear a tattoo

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 | 6 |

TEST 7

 Read the text below. Choose from (A-H) the one which best fits each space (1-6). There are two choices you do not need to use.

With tattoo studios coming up at every nook and corner, the number of ink lovers is (1) \_\_\_\_\_\_\_\_\_\_\_\_. This form of body art that was once used to mark the identity of a groups of pirates and bikers. Today it is to a certain extent popular with (2) \_\_\_\_\_\_\_\_\_\_\_. From celebrities to common man, many can be seen sporting some whimsical tattoo design to be a part (3) \_\_\_\_\_\_\_\_\_\_. Nevertheless, you can see many customers looking for a rework done on their existing tattoo designs of Celtic letters which proves to be of no significance after (4) \_\_\_\_\_\_\_\_\_\_\_\_. Therefore, if you intend to ink your body permanently, it is advisable to choose a design that is significant rather than just a random design you can’t relate to later on in time. A dragon is one such tattoo design (5) \_\_\_\_\_\_\_\_\_\_\_\_\_ of inking your body. This supernatural creature is quite well-known (6) \_\_\_\_\_\_\_\_\_\_ and holds different meanings to different people and cultures.

A people of all age groups

В of all dragon tattoos

C that will serve the purpose of your decision

D also on the rise

E in the world of tattoos

F a certain period of time

G of the so called trendy crowd

H both beautiful and terrifying

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 | 6 |

TEST 8

 Read the text below. Choose from (A-H) the one which best fits each space (1-6). There are two choices you do not need to use.

The development of cars has had an enormous effect on (1) \_\_\_\_\_\_\_\_\_\_\_\_\_, all round the globe. This invention gave them the freedom of movement, making the world (2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_. Cars have changed our life completely and there is no denial to the fact that it is almost a necessity (3) \_\_\_\_\_\_\_\_\_\_\_\_\_ now. With globalization, the perspective of (4) \_\_\_\_\_\_\_\_\_\_\_\_\_ has changed. Now, that object of necessity has changed (5) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, it is more about the taste and liking of a person. Whether you want to buy a car for functional or status purposes, it will do (6) \_\_\_\_\_\_\_\_ to know that there are many varieties of cars available in the market today.

A four-door sedans

В not affordable for daily transportation

C a smaller place to live in

D owing a vehicle

E good for you

F of every home

G into a matter of status

H people’s way of life

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 | 6 |

TEST 9

Read the text below. Choose from (A-H) the one which best fits each space (1-6). There are two choices you do not need to use.

Great Britain is (1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Britain lies towards the northwest of Continen­ tal Europe. It is a big island encircled by around 1,000 small islands. It is located only 35 km from France. It includes Scotland, Wales and England. England is (2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of these. The Tyne, the Thames, the Severn and the Humber are significant rivers (3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. It is the native land of great minds (4) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. It is also home to the world’s (5) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, the inventor of the hovercraft, JK Rowling - the author of the Harry Potter books and the world’s richest football club (6) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

A like Darwin, Shakespeare, Newton and the Beatles

В Manchester United

C a part of the United Kingdom

D showing the main landmarks

E biggest foreign exchange market

F the largest of all

G bigger than that

H flowing through the country

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 | 6 |

TEST 10

Read the text below. Choose from (A-H) the one which best fits each space (1-6). There are two choices you do not need to use.

Playing water games is a good way (1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, in spite of the heat around. Water is loved (2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and offers your party the option to be a little ’dif­ferent’ (3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. A kids’ party without games is equivalent to no party at all. Games give an excitement to the party. And if they are water games, all the more better! The choice of water games depends (4) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. You can either choose to go wet and wild or just switch to games that have water as (5) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. While the former requires you to inform the guest (6) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, the later does not.

A on the nature of your party

В to make your party cool

C one of their basic elements

D players will have a bucket in hand

E by almost all the kids

F team to fill their bucket

G than the usual

H to carry certain essentials with them

|  |  |  |  |  |  |
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| 1 | 2 | 3 | 4 | 5 | 6 |

TEST 11

 Choose from (A-H) the one which best fits each space (1-6). There are extra choices.

On a warm, pleasant Saturday in June, the people of Middletown gathered (1) \_\_\_\_\_. Cody, Peyton and Klugh, (2) \_\_\_\_\_\_\_ the, made their way through the noisy crowd. Cody’s pet ferret, Misjiff, ran alongside. “I wonder what’s going on,” Cody said to his friends. “It looks like the mayor is going to speak.”

The mayor of Middletown stood (3) \_\_\_\_\_\_\_\_ and called the crowd to order. “Next Saturday our town will celebrate its bicentennial,” he said. “Middletown will be 200 years old!” the crown cheered.

“Today,” the mayor continued, “we are announcing a special contest. One hundred years ago, (4) \_\_\_\_\_\_\_\_, a time capsule was buried in the oldest building in Middletown. An anonymous donor offered a $ 1,000 reward to the person (5) \_\_\_\_\_\_\_\_\_\_. The winner will be declared (6) \_\_\_\_\_\_\_\_\_\_. Good luck and happy hunting!”

 A during the town’s centennial celebration

В where he stood

C at the town square

D who finds this time capsule

E on the bandstand

F in the evening

G town’s youngest and most curious detectives

H at the next Saturday’s festival

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 | 6 |

TEST 12

Choose from (A-H) the one which best fits each space (1-6). There are extra choices.

Temperature is measured in degrees. You may not realize it, but there is more (1) \_\_\_\_\_\_\_\_\_\_\_ for measuring temperature. The scale most often used in the United States (2) \_\_\_\_\_\_\_\_\_\_. On this scale, water freezes at 32 degrees (32 F) and boils at 212 degrees (212 F). This is the scale that an American weather forecaster usually reports.

Most people around the world use another scale. This scale, called the Celsius, (3) \_\_\_\_\_\_\_\_. In the Celsius scale, water freezes at 0 degrees (0° C) and boils at 100 degrees (100° C).

Another scale, (4) \_\_\_\_\_\_, establishes a point of absolute zero, or the point at which molecules have the lowest energy. Unlike the other scales, temperature in the Kelvin scale is not mea­sured in degrees, but in Kelvin (K). This scale is closely connected (5) \_\_\_\_\_\_\_. The difference in freezing and boiling points of water in both the Celsius and the Kelvin scale is 100 degrees, giving both scales the same magnitude. The Kelvin scale is used (6) \_\_\_\_\_ when working with scientific formulas are more easih expressed when starting at absolute zero.

 A when it’s cold

В than one scale

C with the Celsius scale

D is called the Fahrenheit system

E the Kelvin scale

F as the international standard

G is based on the metric system

H for measuring

|  |  |  |  |  |  |
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| 1 | 2 | 3 | 4 | 5 | 6 |

TEST 13

 Read the text below. Choose from (A-H) the one which best fits each space (1-6). There are two choices you do not need to use.

Squash belongs to the plant family Cucurbita. Popular in Australia and South Africa, a butternut squash tastes somewhere (1) \_\_\_\_\_\_\_\_\_\_. It has a sweet, nutty taste, which goes sweeter (2) \_\_\_\_\_\_\_\_\_\_\_\_ . Butternut squash happens to be a very healthy fruit and is a good source (3) \_\_\_\_\_\_\_\_\_\_, potassium, magnesium and manganese. Its vibrant orange colour is also an indication of rich antioxidant content. It is a seasonal crop and is found in abundance (4) \_\_\_\_\_\_\_\_\_\_. This bell-shaped vegetable can be cooked and prepared (5) \_\_\_\_\_\_\_\_\_\_\_\_ . From baking it, to roasting it, to toasting it, to mashing it, to steaming it, to grilling it or even trying to frying it, you can do a lot (6) \_\_\_\_\_\_\_\_\_\_ with this vegetable.

A when it is most ripe

В of experimental cooking

C between a pumpkin and a sweet potato

D with variations to suit

E in many different ways

F of fibre, vitamin C and A

G butternut squash soup

H during the winter season

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 | 6 |

TEST 14

 Read the text below. Choose from (A-H) the one which best fits each space (1-6). There are two choices you do not need to use.

Businessmen, team leaders and managers all over the world spend a lot of time talking to those (1) \_\_\_\_\_\_\_\_\_\_\_. The communication can be (2) \_\_\_\_\_\_\_ from discussing targets and problems to trying to close a deal. There are times when some of these people realize that, for some reason, they are not able to understand (3) \_\_\_\_\_\_\_\_\_ or a fellow employee wants. There is just one reason for this; they are ’NOT’ listening to what the other person has to say. If you ever want (4) \_\_\_\_\_\_\_\_\_\_\_, you have to start listening to what the other person says. If you can’t listen, then you might as well not talk.

If you are smart, then you will talk (5) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and without trying to insult the other person. Talking with confidence will help you express your point effectively. If your voice lacks conviction, then the person listening to you is likely to think you don’t know (6) \_\_\_\_\_\_\_\_\_\_\_\_\_\_.

A because your failure to listen

В these guidelines will help you

C they work with everyday

D what you are talking about

E what the client

F to improve your communication skills

G to the point

H about anything

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 | 6 |

TEST 15

Read the text below. Choose from (A-H) the one which best fits each space (1-6). There are two choices you do not need to use.

Warm welcomes and great ocean views greet you at the Sheraton Virginia Beach Oceanfront Hotel. Situated on the exclusive northern end of the Virginia Beach Boardwalk, our direct beach access lets you step (1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of Virginia Beach.

Keep up your regular routine or create a new one with a great workout (2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Splash around (3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with family. Play a few rounds (4) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Or rent a bike and go for a ride while enjoying the scenery.

After a day at the beach, retreat to the comfort (5) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and enjoy complete relaxation. Slip between the crisp sheets and under the cozy duvet of your Sheraton Sweet Sleeper Bed. High Speed Internet Access in all guest rooms will allow you (6) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ when you’re miles away from home.

Enjoy great views and great service at the Sheraton Virginia Beach Oceanfront Hotel.

A in the pool

В right into the excitement

C which are completely smoke-free

D to stay connected

E on the nearby golf courses

F in our fitness facility

G there is one more thing

H of your guest room

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 | 6 |